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Bryant Terry is an Oakland-based eco
chef, food justice activist, and author
of Vegan Soul Kitchen: Fresh, Healthy,

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and Creative African American Cuisine (Da Capo/Perseus March 2009). For the past eight years he has worked to build a more just and sustainable food system and has used cooking as a tool to illuminate the intersections between poverty, structural racism, and food insecurity.

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Vegan Soul Kitchen: Fresh, Healthy,
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that's been long left empty: good, healthy vegan food rooted in traditional African-American cuisine. It's one of many excellent cookbooks released this year and is definitely one that belongs on your shelf if you're looking to get more veggies into your diet.

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and remixing African, Caribbean, African-American, Native American, and European staples, cooking techniques, and distinctive dishes to create something familiar, comforting, and deliciously unique.

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Bryant Terry is an African American
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